



**Advanced Centre for Evidence-Based Child Health  
Advanced Pediatrics Centre  
Post Graduate Institute of Medical Education &  
Research  
Sector – 12; Chandigarh-160012**

**SHORT COURSE**

**“HOW TO PRACTISE EVIDENCE  
BASED CHILD HEALTH”**

**Venue: Government Medical College, Amritsar**

**Date: 4<sup>th</sup> – 5<sup>th</sup> April 2015**

ICMR Advanced Centre for Evidence Based Child Health conducted a short course on “How to practise Evidence Based Child Health” from 4<sup>th</sup> -5<sup>th</sup> April 2015 at Govt **Medical College, Amritsar**. The participants from various departments like department of Psychiatry, Obesity & Gynaecology, Radiodiagnosis, Medicine, Forensic Medicine, Surgery, Pharmacology, Paediatrics, Community and General medicine attended the course.

# LIST OF MEMBERS WHO ATTENDED THE COURSE

## **Tutors:**

1. Dr. Meenu Singh
2. Dr. Bhavneet Bharti
3. Dr. Nusrat Shafiq
4. Dr. Kiran Kumar
5. Dr. Nishant P. Jaiswal
6. Dr. Amit Agarwal

## **REGISTERED PARTICIPANTS**

1. Dr. Suparna Grover
2. Dr. Anita Madan
3. Dr. Bhupinder Wahi
4. Dr. Rakesh Sharma
5. Dr. Jaspreet Singh
6. Dr. N.S. Meki
7. Dr. J.S. Khullar
8. Dr. Inder Pal Singh
9. Dr. Ashok
10. Dr. Hardeep
11. Dr. Gain Chand
12. Dr. Ashwani Kumar
13. Dr. M.S.

14. Dr. Avtar Singh
15. Dr. Manjit Singh
16. Dr. Surinder Paul
17. Dr. Mohan Lal
18. Dr. Kanwardeep Singh
19. Dr. Manmeet Kaur Sodhi
20. Dr. Venita Kapur
21. Dr. Naresh Kumar
22. Dr. Sanjeev Mahajan
23. Dr. Sita Malhotra
24. Dr. Loveen Oberoi
25. Dr. Permeet
26. Dr. Tajinder Kaur
27. Dr. Mandeep Ranghava
28. Dr. B.S.Bal
29. Dr. S.K.Malhotra
30. Dr. Amrit Palkain
31. Dr. S.P.S. Dhillon
32. Dr. Jaswant Rai
33. Sumitroj Singh
34. Dr. Rakesh Sharma
35. Dr. Ajay Chhabra
36. Dr. Rajesh Kapila
37. Dr. Sanjeev Sharma
38. Dr. K.S.Chahal
39. Dr. M.S.Pannu
40. Dr. Narinder Singh
41. Dr. Ashwani Kumar
42. Dr. B.L.Sunkania
43. Dr. Adarsh Sahni
44. Dr. P.Sandhu

45. Dr.N. Sharma
46. Dr. Lovepreet Kaur
47. Dr. Navyug Raj Singh
48. Dr. Ashok Duggal
49. Dr. Har Dutt
50. Dr. T. Saini
51. Dr. Manjinder Kaur
52. Dr. Jaswinder Singh
53. Dr. Bikram Jit Singh
54. Dr. Rajeev Sharma
55. Dr. Ashwani Sharma
56. Dr.Karnail Singh
57. Dr. Kawlesh Gupta
58. Dr. Sohan Singh
59. Dr. Inderpal Kaur
60. Dr. V.K.Rampal
61. Dr. Ramesh Chander
62. Dr. Savita Dogra
63. Dr. Vijay Kohli
64. Dr. Jitinder Pal Singh
65. Dr. Rajiv Dhawan
66. Dr. Paramjit Singh
67. Dr. Daisy Gupta
68. Dr. S. Kapoor
69. Dr. Adarsh Kumar
70. Dr. Poonam Ohri
71. Dr. Sanjeev Kumar Kohli
72. Dr. Rashmi Vij
- 73.

# Proceedings

**4<sup>th</sup> April 2015**

**Day 1**

The centre initiated a short course on “HOW TO PRACTISE EVIDENCE BASED CHILD HEALTH” on 4<sup>th</sup> April, 2015 at 11:00 A.M, at seminar room of Government Medical College Amritsar. Participants from different departments of the institute were addressed by Dr. Bhavneet Bharti.

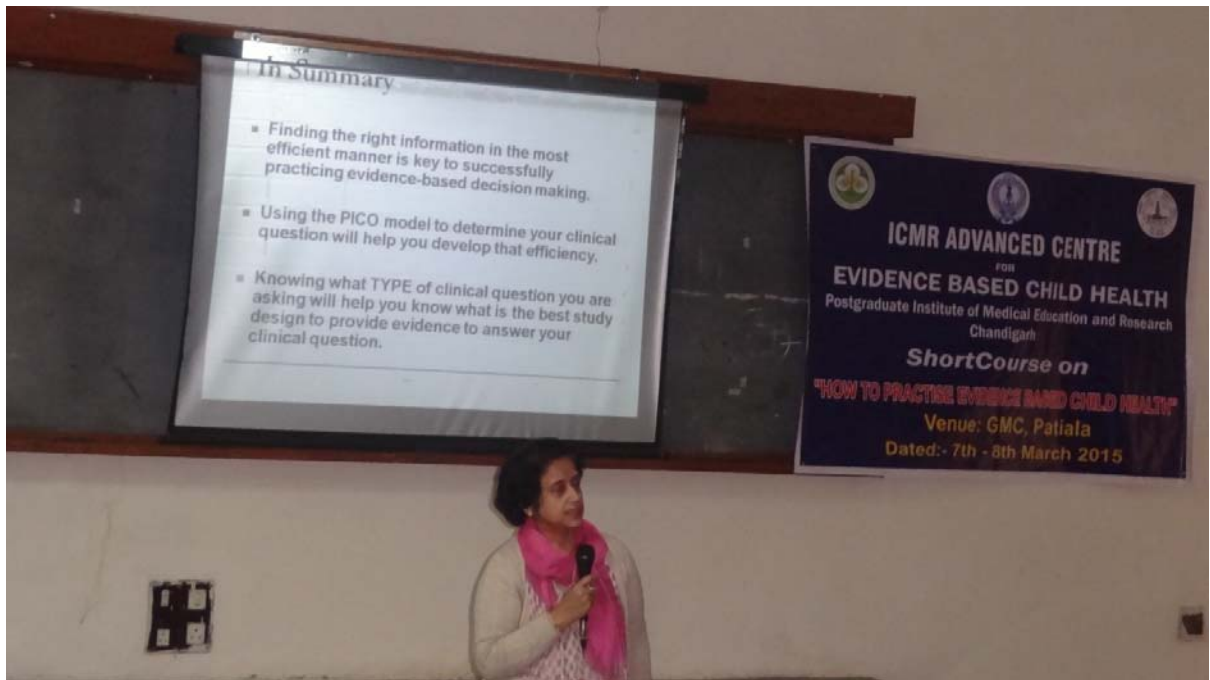
Dr. Bhavneet Bharti started Plenary Session on Randomized controlled trials ‘Designs and appraisal’ and also discussed burden of study.

Continuing the session further Dr. Nushrat Shafiq gives a lecture on ‘Introduction to Systematic review’.

The post tea session on critical appraisal of the diagnostic study, according to the checklist provided in the learning material was done by Dr. Nishant P. Jaiswal, Dr. Amit Agarwal and Mr. Anil Chauhan.



**Dr. Meenu Singh addressing the participants on day one.**



### In Summary

- Finding the right information in the most efficient manner is key to successfully practicing evidence-based decision making.
- Using the PICO model to determine your clinical question will help you develop that efficiency.
- Knowing what TYPE of clinical question you are asking will help you know what is the best study design to provide evidence to answer your clinical question.

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FOR  
EVIDENCE BASED CHILD HEALTH  
Postgraduate Institute of Medical Education and Research  
Chandigarh  
**Short Course on**  
**"HOW TO PRACTISE EVIDENCE BASED CHILD HEALTH"**  
Venue: GMC, Patiala  
Dated:- 7th - 8th March 2015



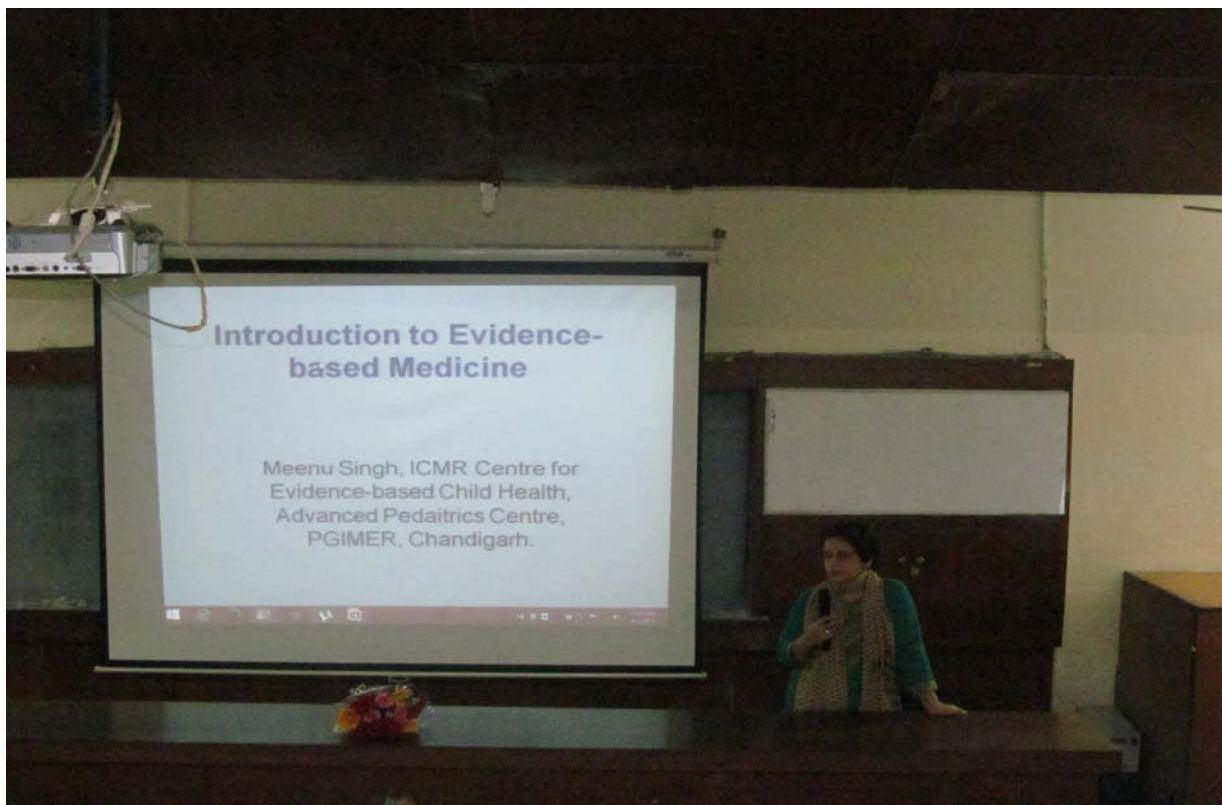
**5<sup>th</sup> April 2015**

**Day 2**

On day two the first session was conducted by Dr. Meenu Singh, she gave introductory lecture on Evidence Based Medicine and its brief history and plenary lecture on how to conduct a systematic review and also educated the participants about how to write a protocol. She explained the participants about the different biases in the trials. Dr. Meenu Singh discussed about diagnostic test.

Post tea session was conducted by Dr. Amit Agarwal on literature search through Pub-med and Embase.

In the afternoon Dr. Meenu Singh also felicitated the Participants and tutors by distributing certificates.



Dr. Meenu Singh Gave a Introductory lecture on EBM



Participants in group session



Dr. Meenu Singh also felicitated the Participants

# GROUP PHOTOGRAPH



